Praise be J.M.J.

My dear Sister

As bodily health is indispensable for fulfilling the duties of a religious called upon to give instruction, I recommend you to be moderate in everything and to see the good pleasure of your divine Spouse in your occupations. We would only have acquired the wind, if we have acquired knowledge against the designs of the Lord. What use is it to be knowledgeable, if one does not carry out the holy will of God? So, my child, leave all study for the moment that obedience does not impose on you or at least does not permit you to do. You are young enough to educate yourself but you are not too young to strengthen your temperament and character. That, dear Child, is what a Father believes he has to say to you, who loves you and loves your perfection as he loves the advantages of your Institute, that is to say, in God and according to his holy will. I have been praying and I will pray with confidence to obtain for you health of body, heart and mind. Be generous, work in harmony with

Your very devoted Father in Jesus Christ C. G. Van Crombrugghe

23rd October 1836

There are some very good things in what you sent me. May God be blessed for them.